

Social Identity Inventory

Instructions

Fill out the social identity inventory starting on page 1. Refer to page 2 for definitions and examples of identities that correspond to each identity category.

Template: Social Identity Inventory

CORE/INTERNAL DIMENSIONS
Nationality + Birthplace
Race
Ethnicity, Heritage + Culture
Class + Economic Background
Gender + Gender Expression
Romantic + Sexual Orientation
Age
Faith, Beliefs, Values + Ideology
Physical + Developmental (Dis)ability
Mental + Emotional (Dis)ability
Language Use + First Language
SECONDARY/EXTERNAL DIMENSIONS
Citizenship + Immigration Status
Geographic Location

Literacy + Education Background
Marital + Relationship Status
Caretaker + Parental Status
Physical Appearance + Body Type
Housing Status

Definitions

Social Identity	Definition	Examples
Race	The social construction and categorization of people based on perceived shared physical traits that result in the maintenance of a sociopolitical hierarchy.	African American, Black, White, Native American, Asian, etc.
Ethnicity	Shared culture related to common ancestry and shared history (e.g. language, food, music, dress, values, beliefs)	Latino or Hispanic, Middle Eastern, Jewish, Italian, etc.
Gender Identity	Deeply felt, inherent sense of being a boy, a man, or male; a girl, a woman, or female; or a nonbinary gender that may or may not correspond to a person's sex assigned at birth.	Male, female, transgender, gender neutral, cisgender, non-binary, agender, pangender, genderqueer, two-spirit, third gender, and all, none or a combination of these
Sex	The label assigned at birth based on the reproductive organs a person is born with	Male, female, intersex

Socioeconomic status	The perceived social standing or class of an individual or group. It is often measured as a combination of education, income, and occupation	
Age/generation	A group of people born around the same time period from a population that typically shares certain events and experiences over their life course.	Infant, child, youth, adult, older adult, Millennial, Baby Boomer, etc.
Sexual orientation	Both to the types of partners to whom an individual is romantically and/or sexually attracted and also to how one identifies in this regard.	lesbian, gay, heterosexual, straight, asexual, bisexual, queer, polysexual, and pansexual, etc.
Disability status	Person with a physical and/or mental disability	Blind, deaf, person with mental illness, person with intellectual disability, person with physical disability, etc.
National origin	Country of birth or citizenship	German, Dominican, Chinese, Canadian, etc.
First language	The language that was first learned as a child/used in the home.	Vietnamese, Spanish, English, etc.
Tribal/indigenous affiliation	The tribe or indigenous group that a person associates with	Indigenous American, First Nations, Skokomish, Muckleshoot, etc.
Religion/religious beliefs	A self-identified association of a person with a religion or religious group.	Muslim, Christian, Jewish, Catholic, etc.
Educational background	Quantity of formal education	Master's degree, Bachelor's degree, Associate's degree, Postsecondary nondegree award, Some college, no degree, High school diploma or equivalent, No formal educational credential
Work experience	Years/level of experience in a professional field	5 years or more, less than 5 years, none, etc.
Seniority/Management level	Amount of time/level of power within an organization	Leadership, management, mid-management, entry-level, etc.
Marital status	A description of a person's relationship with a significant other.	Married, divorced, separated, never married, widowed

Parental status	Whether or not a person has a child or children.	biological parent, step-parent, adoptive parent, guardian, foster parent or custodian of a minor
Immigration status	The way in which a person is present in the United States.	Refugee, asylum seeker, migrant, undocumented, etc.