



Pathways to Growth for Emerging Public Health Professionals



Brooke Ambrose
Idaho Department of Health
and Welfare (IDHW)



Tia "Tee" Benally
Seven Directions, A
Center for Indigenous
Public Health



Malcolm Clay
Tacoma-Pierce County
Health Department



Emma Diffendal
Wahkiakum County

Thanks for Joining Us for our 20th Anniversary Webinar!

TOP FIVE *Most Attended* **Sessions:**

1. Addressing Racism and COVID-19
2. Navigating Misinformation for Community Health
3. Visually Communicating Public Health Data
4. AI in Public Health Today
5. A Model for Addressing Racism and Belonging

First Session:

**PREPARING
FOR SARS**

**April
2004**

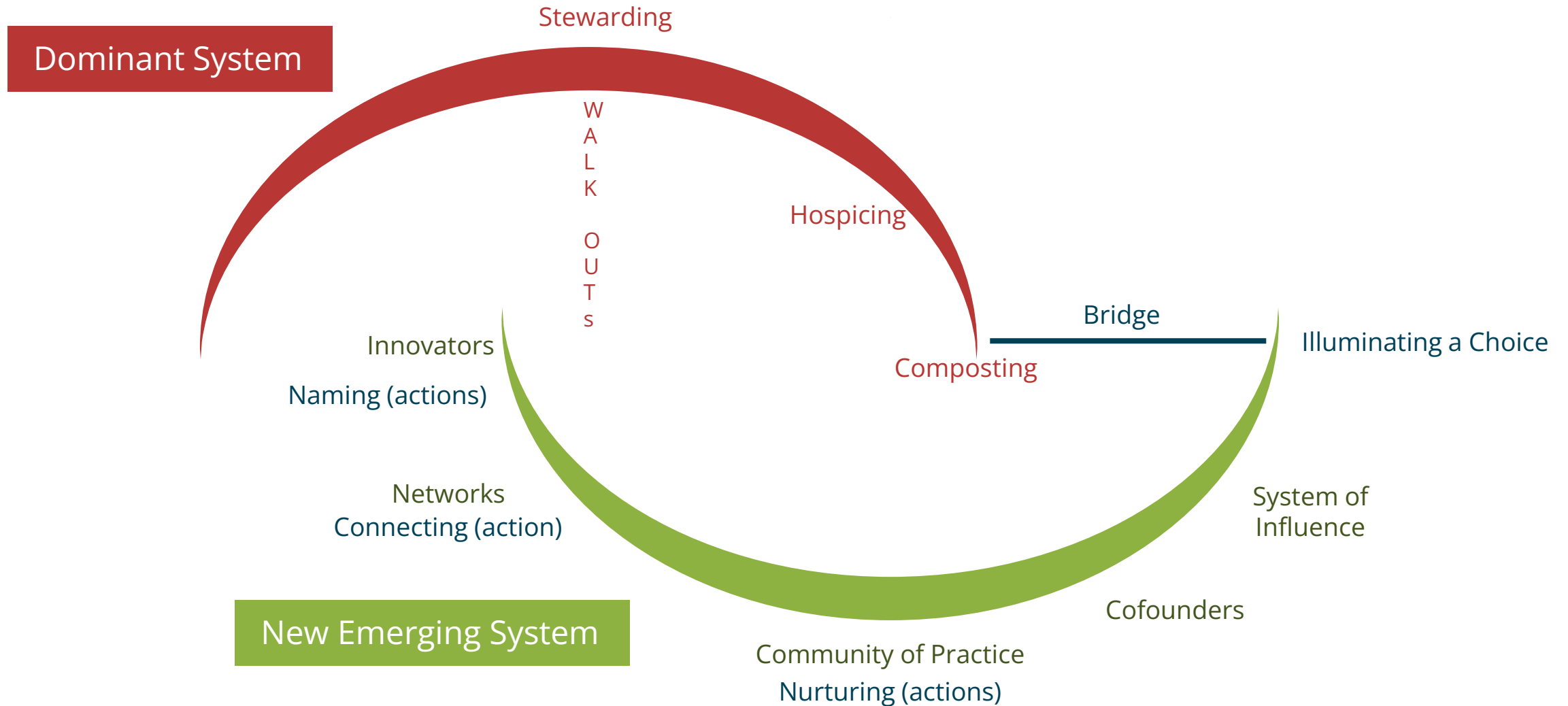
**Total Sessions
To Date:**

230

Total Viewer Connections:

28,502

The Two Loops of Systems Change

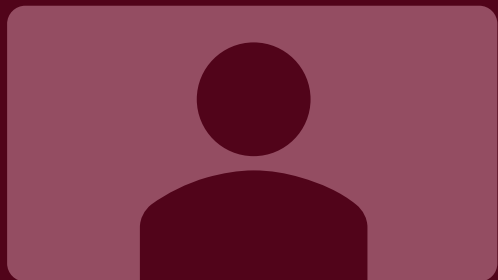
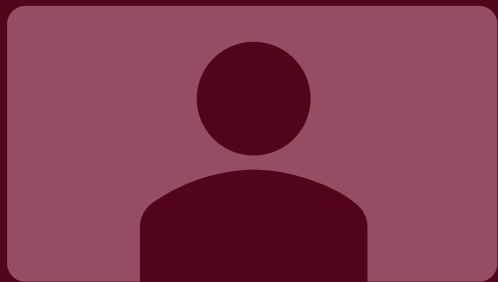


Question for the Viewers



Which of the following best describes your current public health career stage?

- A. Student**
- B. Young Professional**
less than 5 years in the public health workforce
- C. Mid-career**
5–10 years in the public health workforce
- D. Late-career**
10 or more years in the public health workforce
- E. Other**
please type in chat



Meet the Panelists





Brooke Ambrose, MPH

Risk Reduction and Prevention Health Program Specialist
Idaho Department of Health and Welfare (IDHW)

Brooke's Public Health Journey



B.S. Health Science,
Gerontology
Minor: Nonprofit
Management



Graduate Research
Assistant
MPH – Systems
Analysis and
Innovations



COVID-19
Epidemiological
Case Investigator



Health Education
Specialist, Senior



Risk Reduction and
Prevention Health
Program Specialist



Tia "Tee" Benally, MPH

Research Coordinator

Seven Directions, A Center for Indigenous Public Health

Yá'át'ééh (Hello) - Tia "Tee" Benally



University of New Mexico + Community Health



University of Washington + Senior Research Coordinator



9:00AM - 11:00 AM Reframing social determinants of health (SDH) for Tribal public health practice - TRICHELLY - UNWATHI LAROC	10:00AM - 11:30 AM Deciphering the Silos: Future Directions in Health Information Systems Development - JOE LARSON - DAN CHAFFET	10:00AM - 10:30 AM Breakout Sessions
10:00AM - 10:30 AM From Declaration to Action: Building Social Equity, Diversity and Inclusion at a Tribal Public Health - KRISTAL GARDNER - SARAH ALLEN LEO	10:00AM - 10:30 AM Supporting Social Networks Among Immigrants for Public Health Intervention Success - ANGELO CIBULINI HAYALA - TRACY WEAVER	10:00AM - 10:30 AM Breakout Sessions
10:45AM - 11:00 AM Community-based Approaches to Health Equity - YVES A. DEANEO - MARICELA DELCORTHEA - LUCY PALERCA	10:45AM - 11:15 AM Holding Racial Speech Accounts: Methods of Effective Direct Public Health Education - MARIANNA	10:45AM - 11:15 AM Priority Panel: Health and Equity - ASMA - PEDRO GARCIA
1:00 PM End of Conference		

Future Aspirations: Ahéhéé (Thank You)!





Malcolm Clay, BAS Community Health

Community Engagement Coordinator
Tacoma-Pierce County Health Department

Where Did You Start Your Public Health Journey?



In My
Grandmother's
Library



Pacific Lutheran
University (Bioethics)
Tacoma Community
College (Community
Health)



At Tacoma-Pierce
County Health
Department



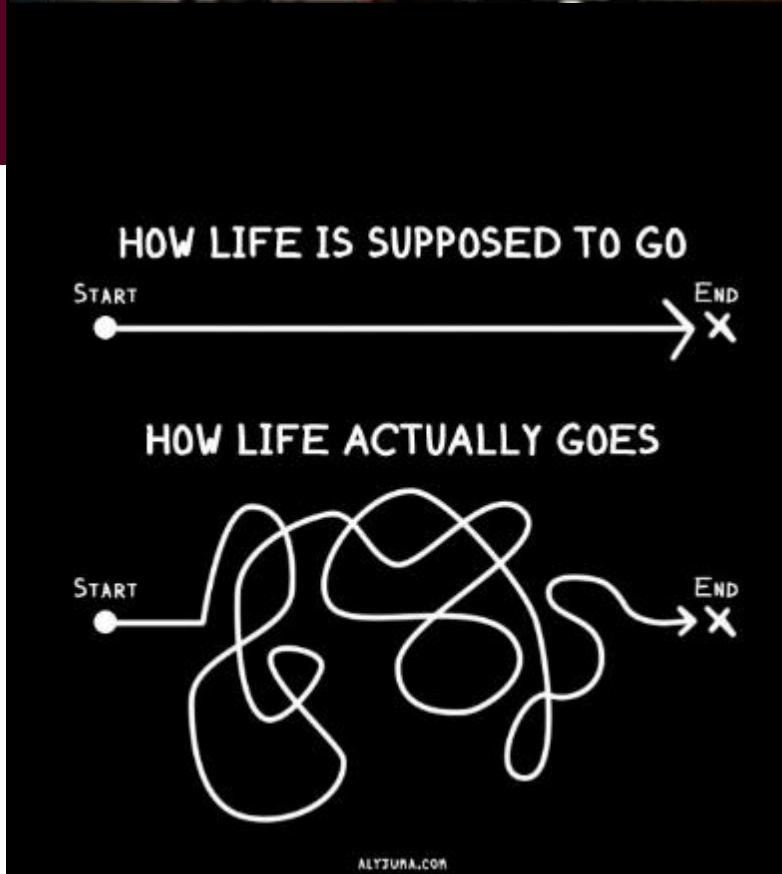
During the
Pandemic, Like
Many of You

What Have You Learned (Thus Far)?

- Intersectionality
- Lived experience
- Authenticity
- Accountability
- Make mistakes
- Use storytelling

How Would You Describe Your Public Health Journey Thus Far?

- Non-linear
- Introspective
- Heartwarming





Emma Diffendal, BS Public Health

Environmental Health Specialist

Wahkiakum County

Emma's Public Health Journey

- Biology major?
- Unsure of postgrad plans
- Pandemic = better understanding
- Job description for government job



College-bound

- 5 months post-grad
- Applied everywhere, in all government sectors
- NEHA

Moving time!

- ~3 months in — expanding specialties
- More rural area
- What's next: More specialization...



Wahkiakum County

City of Edina

- Worked for Health Department
- Temporary
- Niche: Interest in RS certification



Cowlitz County

- Moved sight unseen
- Originally hired for School program
- Food program focus
- Better understanding of public health systems



Moderated Discussion



A Chat with the Panelists



Sue Grinnell



Brooke Ambrose
Idaho Department of
Health and Welfare (IDHW)



Tia "Tee" Benally
Seven Directions, A
Center for Indigenous
Public Health



Malcolm Clay
Tacoma-Pierce County
Health Department



Emma Diffendal
Wahkiakum County



Can you share a specific example from your experience where embracing change led to significant growth and positive outcomes in your public health work?



In your role, you work closely with Indigenous public health leaders through your organization's Indigenous Public Health Leaders training program.

What have you learned about leadership through your experience?



What role, if any, has imposter syndrome played in your experience in the public health field?



How has the real-life practice of public health differed from the study of public health as an academic discipline in your experience so far?



What excites you about working
in public health today?



What role do diverse perspectives play
in advancing your work in public health?



You all came of working age at a time when the public health system was mobilized and, in some cases, attacked during the COVID-19 pandemic.

How do you reflect on that experience?
What have you noticed today that has changed?

QUESTIONS?

To ask a question, please click the



icon in the Zoom toolbar to open your Q&A Pod.

Essentially Public Health

A three-part training series focusing on the foundations of public health and health equity.

<https://www.nwcphp.org/training/essentially-public-health>

New Data and Dashboards: PH WINS Survey of Public Health Workers

A unique snapshot of the state and local government public health workforce.

<https://debeaumont.org/news/2022/new-data-and-dashboards/>

40 Under 40 in Public Health

A list recognizing equity-focused, service-oriented leaders in Public Health

<https://debeaumont.org/about-40-under-40/>