



### Lacy Fehrenbach-Marosfalvy, MPH CPH

Director, Office of Healthy Communities, Division of Prevention and Community Health, Washington State Department of Health

Lacy Fehrenbach-Marosfalvy directs the Office of Healthy Communities in the Washington State Department of Health. The Office works with local health jurisdictions, tribes, and community-based organizations to make the healthy choice the *easy* choice in homes, communities, workplaces, healthcare settings, and schools, and works to prevent disease and promote health at every stage of life by implementing policies, systems, and environmental changes with a focus on health equity. Lacy most recently served as the Director of Programs at the Association of Maternal and Child Health Programs, where she led the organization's programmatic work to improve the health and wellbeing of women, children, families, and communities. Prior to that, she served as Chief of Member Services at the Association of State and Territorial Health Officials (ASTHO). In this role, she served as the project director for the State Health Leadership Initiative, an executive education program designed to help newly appointed health officials become effective administrators, policymakers, and advocates for public health. She also led ASTHO's advocacy and implementation efforts related to the Affordable Care Act. Lacy earned a Master of Public Health degree with a concentration in maternal and child health from the George Washington University and is certified in public health.



### Paj Nandi, MPH

Director of Community Relations and Equity, WA State Department of Health

A native of India, Paj Nandi has lived in U.S. for nearly 20 years and happily calls Seattle home. Early in his career, he did fieldwork in India and Thailand on topics ranging from childhood education to tuberculosis prevention. There, he understood firsthand the value and efficacy of using culturally relevant and community-driven approaches to improve population health. Paj earned his B.S. degree in Community Health from Western Washington University and an MPH from the George Washington University in Washington, D.C.

Paj serves as the Director of Community Relations and Equity for the Washington State Department of Health (DOH). As an agency leader in a new role, he is responsible for forming new and innovative partnerships and maintaining strategic partnerships with key non-governmental and community-oriented organizations, the business/private sector, and academic institutions, with a particular emphasis on achieving health equity. He also provides leadership and direction to the cross-agency Health Equity Workgroup and represents DOH on the Governor's Interagency Council on Health Disparities.

Paj's prior experience at DOH and in the private and healthcare sectors includes leading and managing multi-million dollar chronic disease prevention and management programs, working on statewide MCH/adolescent health priorities, and leading corporate health and wellness benefits efforts. He also serves as President of the Washington State Public Health Association.



## Astrid Newell, MD

Community Health Manager, Whatcom County Health Department

Astrid Newell, MD, has served as the Community Health Manager for the Whatcom County Health Department in Bellingham, WA for the past nine years. In this role, she oversees public health programs and services related to children, families, and communities. She works closely with partners at the state and local level on a number of initiatives, many focused on reducing child and family adversity and promoting resilience and wellbeing.

She is the immediate past chair of the Washington State Association of Local Public Health Officials (WSALPHO) Community Health Leadership Committee, the current co-chair of the WSALPHO Child and Family Resilience Workgroup, and the WSALPHO representative on the Washington State Essentials for Childhood collective impact initiative.

Prior to coming to Bellingham, her husband's hometown, she trained and practiced as a family physician in St. Louis, MO and then worked for seven years at the Oregon Department of Human Services, Health Division in Portland, OR in various roles, including as medical consultant and manager for perinatal, child health, and genetics programs.

She is married, has two young adult sons, and loves getting outside to enjoy the water, islands, mountains, and woods in and around beautiful Whatcom County.



## Jim Reid, MPA

Founder & Principal, The Falconer Group

Senior Lecturer, UW Daniel J Evans School of Public Administration

Jim Reid works with the Northwest Center for Public Health Practice as an instructor in the Public Health Management Certificate program and the Northwest Public Health Leadership Institute. He is the founder and principal of The Falconer Group, which he established in September 1995. His expertise is in organizational and leadership development, strategic planning, and dispute resolution.

In addition, Jim is a senior lecturer at the Daniel J. Evans School of Public Administration at the University of Washington where he teaches "Conflict Resolution: Negotiation and Mediation as Instruments of Public Policy and Management." He is also an instructor for the Evans School's Cascade Executive Programs, where he trains mid-level and senior executives on resolving disputes, facilitating meetings, building strategic partnerships, and reducing resistance to change. And he's certified in facilitating 360 Leadership Assessments to develop the management and leadership skills of executives.

In the early 1990s Jim served as the director of King County's planning division, where he focused on strengthening the agency's leadership, improving customer service, and building intergovernmental and public-private partnerships to implement the State's Growth Management Act.

Jim earned his Masters of Public Administration (MPA) from the Evans School. His certification in 360 Leadership Assessments was earned at the Center for Creative Leadership (CCL). He is also a Phi Beta Kappa graduate of the University of Minnesota, Minneapolis.

Besides his professional interests, he is also an avid reader, gardener, swimmer, walker, and chef.



## Sheila Capestany, MPH, MSW

Strategic Advisor for Children and Youth, King County Best Starts for Kids

Sheila Capestany was appointed to the position of Strategic Advisor for Children and Youth by King County Executive Dow Constantine. She provides strategic direction and project management for **Best Starts for Kids**, an initiative of the Executive's passed by King County voters to provide funding for prevention and early intervention programs, starting with prenatal services through age 24. She also leads the implementation of the County Council's **Youth Action Plan**, which is designed to inform and guide the County's annual investments in programs and services for children and youth and work to ensure equitable opportunities for children to progress through childhood building academic and life skills for the future.

Ms. Capestany has worked extensively with diverse communities and with government, social services, public health, and education. She most recently served as Executive Director of Open Arms Perinatal Services, a human services agency assisting low-income women and families. Under her leadership, Open Arms became nationally recognized as a model for community-based services and was the first doula program to become accredited in the United States. Her work experience includes strategic planning, budgeting, policy development, and health and human services outcomes design. She has worked with infants and toddlers as well as with teens and young adults.

Ms. Capestany earned a Bachelor of Arts degree from Whitman College and a Masters of Public Health and a Masters of Social Work from the University of Washington. She is a lecturer for the School of Social Work and a frequent presenter at conferences and workshops. She has served on numerous boards and committees, including the Governor's Interagency Council on Health Disparities Advisory Committee, Department of Early Learning Home Visiting Services Committee and HealthConnect One's National Community-based Doula Leadership Institute Advisory Board.



## Diane Altman Dautoff, MSW, EdD

Owner, DAD Consulting

Diane is an independent consultant specializing in leadership development, team building, strategic planning, and change management. She designs, teaches, and facilitates meetings, workshops and retreats, bringing people together in healthcare systems, nonprofits, faith-based organizations, and local governments.

Diane's prior experience in the healthcare sector includes working at Group Health for 16 years in a variety of management roles ultimately focusing on clinical and quality improvement, and serving as a Senior Consultant at Qualis Health to assist practices preparing for National Committee for Quality Assurance (NCQA) accreditation as Patient-Centered Medical Homes. She was also a Managing Consultant at MCPP Healthcare Consulting and participated as a reviewer in the Washington State Department of Health Public Health Standards review process prior to the development and implementation of the Public Health Accreditation Board's standards.

Diane has taught as an adjunct lecturer for the Seattle University Master of Nonprofit Leadership program and for the University of Washington School of Social Work. She earned her MSW at the UW School of Social Work and her EdD in Organization Change at Pepperdine University. Diane lives in Seattle with her husband. She enjoys spending time with family, traveling, and teaching pilates.



## Kate Davies, D. Phil, MA

Clinical Associate Professor, UW SPH Department of Health Services;  
Core Faculty, Antioch University Graduate Programs in Leadership and Change,  
Emeritus Faculty

Kate Davies works with NWCPHP as an instructor for a number of training programs, including the Leadership Institute and Public Health Management Certificate. Kate is a Clinical Associate Professor in the Department of Health Services at the University of Washington. She has a doctorate in biochemistry from Oxford University (1981) and an MA in cultural anthropology and social change from the California Institute for Integral Studies (2002).

Kate has worked on environmental quality, public health, and sustainability for all of her career. In the 1980s, she set up and managed the City of Toronto's Environmental Protection Office—the first local government environmental office in Canada. In the 1990s, she established and directed a successful environmental policy consulting company which provided services to the Canadian federal government and international agencies. Kate accepted a faculty position in 2002 at Antioch University Seattle in the graduate program in Environment & Community. In 2007, she became director of its Graduate Programs in Leadership and Change and served in this role until 2010. She has also served on the boards or advisory groups of several environmental organizations, including the Collaborative for Health and Environment Washington, the Institute for Children's Environmental Health, Sustainable Path Foundation, Washington Citizens for Resource Conservation, and Washington Toxics Coalition.

Kate has received service and academic awards for her work and has taught at universities in Canada, the United Kingdom, and the United States. She speaks regularly at local, regional, and national conferences and is widely published in newspapers, magazines, and journals. Her first book, *The Rise of the US Environmental Health Movement*, was published in March 2013. Her second book, *Intrinsic Hope: Living Courageously in Trouble Times*, will be published in April 2018.



## Candace Jackson

Educator Consultant, Public Health – Seattle & King County

For the past seven years, Candace has served King County in multiple positions. She is currently working as an Educator Consultant with Public Health – Seattle & King County on the Environmental Health Division's Lead and Toxics team to promote environmental justice and reduce health inequities. Her work is focused on reducing inequitable institutional and systemic barriers by building effective community partnerships that shape planning, policy development, and practices central to health equity. Empowering communities with information about public health issues and health equity frameworks has been central to her work in public health.

Before coming to Environmental Health in 2017, Candace was Community Engagement Manager for the King County Accountable Community of Health, which supports the statewide Healthier Washington initiative to transform our healthcare system. Prior to that, she managed multiple community-based projects to accelerate community resilience. Candace also supported many different community-based programs during her three years with the King County Department of Community and Human Services (DCHS).

Since 2014, Candace has led Public Health – Seattle & King County's intersectional equity and social justice work with a focus on racial and economic inequity. She and her team provide technical assistance to executive leadership and program staff, and developed a cross-functional team consisting of 20+ members that support internal and external components of broader departmental work. Candace holds a Bachelor's degree in Business Administration from Washington State University. She enjoys being on the water, laughing, and collaborating to solve problems.



## Meredith Li-Vollmer, PhD, MA

Risk Communication Specialist, Public Health – Seattle & King County; Clinical Assistant Professor, University of Washington School of Public Health

Meredith Li-Vollmer has led risk communication at Public Health – Seattle & King County since 2006. In this role, she conducts audience research, develops public outreach strategies, and directs public engagement projects, with a particular focus on strengthening communication with hard-to-reach groups. Her work at Public Health also involves media relations, visual communications, and social media management.

Meredith is currently a clinical assistant professor at the University of Washington (UW) School of Public Health and the immediate past co-chair of the National Association of County and City Health Officials (NACCHO) Communication Workgroup. She has served on numerous national advisory groups and committees for organizations including the National Academies, the Center for Health Securities, the CDC, and the Assistant Secretary for Preparedness and Response (DHHS). Prior to joining Public Health – Seattle & King County, Meredith taught communications at UW. She received her doctorate in Communication from UW and her bachelor's degree in International Studies from the University of Oregon. Outside of Public Health, Meredith is a trustee at Lake Washington Girls Middle School, an amateur cartoonist, and an enthusiastic fan of the Great British Baking Show.



## Emma Medicine White Crow

Governor-Appointed Chair, Washington State Governor's Interagency Coordinating Council on Health Disparities

Ms. Medicine White Crow (Comanche/Cherokee) was born on the Lummi reservation in Ferndale, WA to relocated parents. She is the current Governor-appointed Chair, Washington State Governor's Interagency Coordinating Council on Health Disparities, on which she has served for ten years. She is the Region X Health & Human Services Regional Health Disparities Council peer-elected Vice-Chair, and chair of the diabetes/obesity sub-committee. She serves on the Executive Committee of the 49-community-organization-membered Equal Start Community Coalition and the Seattle King County Race & Justice Committee, and is President of the Seattle Public Schools Title VII Native Education Parent Advisory Committee. She is working with the Port Gamble S'Klallam Tribe and the Muckleshoot Indian Tribe on health reform and Affordable Care Act implementation, including trainings on tribal sponsorship of its citizens for insurance premiums in the WA Health Benefit Exchange, and on programmatic strategic planning.

Emma has over 20 years of experience working in tribal, rural, and communities of color on health equity and social justice work, with experience in maternal and infant health, infant mortality, education, tribal program planning, infrastructure development, technical assistance, system creation, grant writing and management, and indigenous evaluation with American Indian and Alaska Native Communities. She has worked with the Centers for Disease Control and Prevention, Washington Health Foundation, the Indian Health Service Department of Behavioral Health Methamphetamine and Suicide Prevention Initiative, the National Indian Council on Aging Washington State Demonstration Project, Casey Family Foundation Indian Child Welfare Project, and Susan G. Komen Foundation. She was previously director of SpiritWalk Health Foundation at the Seattle Indian Health Board. She was raised with the indigenous values of giving, working collaboratively, and listening, and respect for all these values have directed her work. She specializes in facilitating cross-cultural partnerships and cross-program alignment for community priorities; education, training, capacity-building for underserved people, and creating and sharing results and reports in a way that recognizes and respects the community's unique cultural contexts. She is a known and trusted community member and relationship builder, establishing and implementing educational and health programs and behavioral health initiatives with rural and urban American Indian and Alaska Native communities across the United States, as well as with the White House and other federal partners. She was recognized by the Native Action Network for her leadership and work in Indian Country with an Enduring Spirit Lifetime Leadership Award.



## Kurt O'Brien, MHROD

Senior Lecturer, UW School of Public Health Department of Health Services  
Master of Health Administration

Kurt is a senior lecturer with the University of Washington Department of Health Services Master in Healthcare Administration program, and is also an independent consultant. He teaches various leadership courses in the NWPHLI program and also provides coaching. He specializes in the areas of leadership development and coaching, interpersonal skills development, team development, strategic planning, and conflict resolution. He also designs and conducts workshops on topics such as dialogue, emotional intelligence, conflict resolution, and leading change.

Kurt was with University of Washington School of Medicine for fifteen years, including seven as the director of Organization Development and Training, where he worked with leaders and teams at all levels of the health system.

He lives in Poulsbo, WA on the Kitsap Peninsula with his wife, Kelly, where they enjoy hiking, kayaking, and traveling.



## Laura Porter

Co-Founder, ACE Interface

Laura is co-founder of ACE Interface, where she works with business partner Dr. Robert Anda to help communities use ACE Study findings to improve health and wellbeing. Laura develops educational products, provides keynote speeches and workshops, and helps leaders in over 20 states to develop powerful strategies for preventing adverse childhood experiences (ACEs) and mitigating their effects.

She has spent more than a decade helping leaders in communities, philanthropy, government, and the private sector to apply ACE Study concepts as a vital part of building community capacity to solve social and health problems. In addition to her work across the country, Laura provides ongoing consulting services to the Centers for the Application of Prevention Technologies (CAPT), the Coordinated Care Organizations in Southwest Oregon, and the Foundation for Healthy Generations in Seattle. With the Foundation for Healthy Generations, she works to forge new partnerships for improving public health data collection, analysis, and dissemination so that leaders have the information they need to focus investments on root causes of problems and to stop the progression of adversity in people's lives.

Laura is always eager to learn from collaborators and communities about how to help residents become equal partners with professionals in creating system change, and how to respond in communities with extremely high ACE prevalence. She is always excited to be at the table for a collaborative, unfolding conversation.

"I have a unique point of view on the journey communities go through as they begin to use the science to make changes," she says. "Communities are inventing this as we speak; it's like standing on the leading edge of a whole new era."

Laura is a mother to three children and a grandmother to four amazing grandchildren. In her spare time, she loves to cook, garden, and play.



## Ron Sims

Chair WA Health Benefit Exchange; Former Deputy Secretary United States Department of Housing and Urban Development; Former King County Executive

Ron Sims is a civic volunteer active in health, education, environmental, and social equity issues. Appointed by Governor Jay Inslee, Sims serves as Chair of the Washington Health Benefit Exchange Board. The board is responsible for the implementation of the Affordable Care Act in Washington State. Sims is Chair of the Dean's Council of the UW School of Public Health. He is also on the Board of Regents of Washington State University—the university's governing body—to which former Governor Chris Gregoire appointed him. Sims serves on the Puget Sound Leadership Council, a seven-member citizen group that governs the Puget Sound Partnership, a state agency coordinating with federal, state, local, tribal, and private resources to restore the ecological health of Washington State's largest estuary. He is on the Board of Directors of the Washington Health Alliance, formerly the Puget Sound Health Alliance, a nonprofit organization he helped found, in which employers, physicians, hospitals, patients, health plan providers, and others from throughout the region come together to improve health care quality.

Sims served as Deputy Secretary for the US Department of Housing and Urban Development (HUD) from 2009–2011. He was appointed by President Obama and unanimously confirmed by the US Senate. As the second-most senior official at HUD, Sims managed operations of an agency with 8,500 employees and an operating budget of nearly \$40 billion. Prior to his appointment at HUD, Sims served for 12 years as the elected Executive of Martin Luther King, Jr. County in Washington State, the 13<sup>th</sup>-largest county in the nation, with 1.8 million residents and 39 cities, including the cities of Seattle, Bellevue, and Redmond. As County Executive, Sims was nationally recognized for his work on the integration of environmental, social equity, and public health policies that produced groundbreaking work on climate change, health care reform, affordable housing, mass transit, environmental protection, land use, and equity and social justice. In 2008, he launched the Equity and Social Justice Initiative in King County. Born in Spokane, Washington in 1948, Sims is a graduate of Central Washington University.



## Ka'imi Sinclair, PhD, MPH

Assistant Professor at the Initiative for Research, Education, and Advancing Community Health (IREACH), Washington State University

Dr. Ka'imi Sinclair is an Assistant Professor at the Initiative for Research, Education, and Advancing Community Health (IREACH), a research unit of Washington State University located in Seattle. She has a PhD in Health Behavior and Health Education from the University of Michigan School of Public Health, and a Master's in Public Health from the University of New Mexico. For two decades, she has conducted grant-funded diabetes prevention and diabetes self-management research with racial and ethnic populations across the United States, including American Indians, African Americans, Hispanics, and Native Hawaiians and Pacific Islanders (NHPI). Dr. Sinclair's uses a community-based participatory approach to culturally adapt educational materials and methods, build capacity within communities, and promote sustainability of health promoting efforts. Current studies with American Indian communities include adaptation of the Diabetes Prevention Program materials and methods for American Indian men; living donor kidney transplantation education and promotion; deliberative techniques to understand tribal interest in biobanking and preferred methods of governance and participation; and promotion of the DASH diet to manage hypertension among American Indians in two Native-serving clinics.

Since moving from Hawai'i five years ago, she has become actively involved with the NHPI community in Western Washington, building a community-academic partnership with NHPI-serving organizations, including Asian Counseling and Referral Service, the International Community Health Services, and the Asia Pacific Cultural Center, of which she is a member of the Board of Directors. She is also a Commissioner for the Washington Commission on Asian Pacific American Affairs, and co-chair of the Pacific Islander Health Board of Puget Sound. Through funding from the National Institute on Minority Health and Health Disparities, she leads a research project to improve blood pressure management among NHPI in Western Washington. Dr. Sinclair is also a member of the Scientific Advisory Board for the Migrant Clinician's Network, and will soon extend her research to include Hispanics in Washington.

# NORTHWEST PUBLIC HEALTH Leadership Institute

## 2017 Guest Presenters/Panelists OS 3



### Janna Bardi, MPH

Assistant Secretary for Prevention and Community Health Division,  
Washington State Department of Health

Janna Bardi is Assistant Secretary for Prevention and Community Health Division at the Washington State Department of Health. This division includes three offices: Nutrition Services, Healthy Communities, and Immunization and Child Profile. Prior to this, she held positions as Office Director for two of the offices in the division. In those roles, she was the state Immunization Director, state Maternal and Child Health Director, and state Chronic Disease Director. She has a master of public health degree in behavioral science and health education from the University of California, Los Angeles. Her work history includes volunteer service with the US Peace Corps in Malawi, Africa, private health care, and local and state public health. She has experience in program analysis, policy development, systems development, inter- and intra-agency collaboration, and program evaluation.

Janna is a 2003 alum of the Northwest Public Health Leadership Institute.



### Sharon Beaudoin, MPH

Chief Strategy Officer, WithinReach

Sharon Beaudoin is the Chief Strategy Officer at WithinReach where she oversees strategic direction of programs, communications, evaluation and public policy efforts. During her 15 years at WithinReach, Sharon has fostered enormous growth for the organization including growing the reach of programs that serve vulnerable families, programs such as SNAP, Medicaid and WIC Nutrition Program. Sharon is a leader in system building efforts in Washington State that make it easier for families to access services such as Help Me Grow, a system model that works to promote cross-sector collaboration to build effective early childhood systems, and Vax Northwest which works to ensure parents have someone to go to for reliable and accurate information about vaccines.

Sharon has a Master of Public Health from the University of Washington and is a Registered Dietician. Prior to joining WithinReach, she worked for the WIC program at Public Health - Seattle & King County.

Sharon is a 2016 alum of the Northwest Public Health Leadership Institute.



## Betty Bekemeier, PhD, MPH, RN, FAAN

Director, Northwest Center for Public Health Practice

Betty Bekemeier provides leadership in all areas of NWCPHP and oversees the center's activities with federal, state, tribal, and local partners. Prior to becoming NWCPHP Director, Betty served as faculty, leading training activities, serving as content reviewer for the center's nursing trainings, and writing for *Northwest Public Health*, among other duties.

She has served as Associate Professor at the University of Washington School of Nursing and Adjunct Associate Professor in the School of Public Health since 2013. In addition to teaching, she is a leader in public health systems research, studying the practices of state and local health departments in an effort to improve effectiveness and reduce health disparities. Betty is the primary investigator on the Public Health Activities and Services Tracking study, among others.

Betty has served in local public health practice in a variety of positions—as manager, evaluator, epidemiologist, and front-line public health nurse. She takes part in a number of public health and nursing associations and workgroups and has served in leadership positions within the American Public Health Association and the Washington State Public Health Association. Betty is a Robert Wood Johnson Foundation Nurse Faculty Scholar and an active member and founding member of the Washington State Public Health Practice-Based Research Network and its Executive Committee. She is also a committee member on the Public Health Accreditation Board of Directors Research Advisory Council.

Her education includes: PhD from the University of Washington, and MPH and MSN from Johns Hopkins.



## Sheila Capestany, MPH, MSW

Strategic Advisor for Children and Youth, King County Best Starts for Kids

Sheila Capestany was appointed to the position of Strategic Advisor for Children and Youth by King County Executive Dow Constantine. She provides strategic direction and project management for Best Starts for Kids, an initiative of the Executive's passed by King County voters to provide funding for prevention and early intervention programs, starting with prenatal services through age 24. She also leads the implementation of the County Council's Youth Action Plan, which is designed to inform and guide the County's annual investments in programs and services for children and youth and work to ensure equitable opportunities for children to progress through childhood building academic and life skills for the future.

Ms. Capestany has worked extensively with diverse communities and with government, social services, public health, and education. She most recently served as Executive Director of Open Arms Perinatal Services, a human services agency assisting low-income women and families. Under her leadership, Open Arms became nationally recognized as a model for community-based services and was the first doula program to become accredited in the United States. Her work experience includes strategic planning, budgeting, policy development, and health and human services outcomes design. She has worked with infants and toddlers as well as with teens and young adults.

Ms. Capestany earned a Bachelor of Arts degree from Whitman College and a Masters of Public Health and a Masters of Social Work from the University of Washington. She is a lecturer for the School of Social Work and a frequent presenter at conferences and workshops. She has served on numerous boards and committees, including the Governor's Interagency Council on Health Disparities Advisory Committee, Department of Early Learning Home Visiting Services Committee and HealthConnect One's National Community-based Doula Leadership Institute Advisory Board.



## Patty Hayes, RN, MN

Director, Public Health – Seattle & King County

Patty Hayes is the appointed Director of Public Health – Seattle & King County. Prior to her role as Director, Patty led the department's largest division, Community Health Services. In this capacity, Patty oversaw the development of programs and services for low-income and homeless individuals as well as families in King County. This includes the Women, Infants and Children (WIC) program, Maternal and Child Health, School-Based Health Centers, Health Care for the Homeless, and Primary Care/Dental Care delivery in the King County's Public Health Centers.

Patty has over 25 years of experience in public health, policy development, and advocacy. Prior to this, Patty was the Executive Director of WithinReach, a statewide non-profit that connects families to food and health resources. She previously worked for the Washington State Department of Health in various positions, including Assistant Secretary of Health for Community & Family Health as well as Director of Legislative, Policy, and Constituent Relations. In 2015, Patty received the Cynthia F. Shurtleff Award, a statewide honor that recognizes extraordinary leadership and dedication to the health and well-being of women, children, and families in Washington. In 2014, Patty received the Heroine of Health Care award from the Center of Women and Democracy. Patty holds nursing and master degrees from the UW School of Nursing and was inducted into the Washington Nursing Hall of Fame in 2002.



## Jefferson Ketchel, MA, RS

Administrator, Snohomish Health District

Jefferson Ketchel is the Administrator of the Snohomish Health District. He has over 23 years local public health experience, including over five years as administrator of the Grant County Health District.

Jefferson has a Master of Policy Studies from the University of Washington Bothell. He is a graduate of Harvard University's National Preparedness Leadership Institute's Executive Education Program and the CDC's Environmental Public Health Leadership Institute. He is a past president of the Washington State Association of Local Public Health Officials and a previous chair of the Washington State Board of Registered Sanitarians. He lives in Everett with his wife and three children.



## Esther Lucero, MPP

Chief Executive Officer, Seattle Indian Health Board (SIHB) and the Urban Indian Health Institute (UIHI)

Esther Lucero (Navajo/Latina) became the Chief Executive Officer of the Seattle Indian Health Board in November 2015. Ms. Lucero came to SIHB from the California Consortium for Urban Indian Health in San Francisco, where she was the Director of Programs and Strategic Development. She has dedicated her work to promote policy change for Urban American Indians/Alaska Natives (AI/AN) using a multi-media approach. She is a trained digital storytelling facilitator and the founder of the NAHC Media Center, in Oakland, CA, where the use of culturally specific digital storytelling has been instrumental in changing the public view of urban AI/ANs. Ms. Lucero received both her Bachelor of Arts degree in Native American Studies and Master of Public Policy from Mills College. She brings to the SIHB her experience and training in public policy coupled with her robust experience in state- and national-level health policy work, including extensive knowledge of federally qualified health centers and urban Indian health issues.



## Karen Merrikin, JD

Former Contracted Project Director, Washington State Health Innovation Plan

With a distinguished 30-year career advancing health policy, Karen Merrikin has led numerous strategic initiatives to improve healthcare delivery systems and advance population health.

She was associate general counsel and later Executive Director, Public Policy at Group Health Cooperative where she helped catalyze Washington's shared decision making initiative, its \$2 million King County children's health initiative, and state's highly successful universal childhood vaccine funding system. She also served as Group Health's lead educator and strategist on Affordable Care Act Implementation.

She later served as contracted project director for Washington's State Health Care Innovation Plan, a strategic framework for statewide health improvement that successfully enabled Washington State to compete for its \$65 million Healthier Washington State Innovation Model testing grant. The Innovation Plan lays the groundwork for multi-sector collaboration, including the Accountable Communities of Health. She continues as a project consultant on Healthier Washington. Karen has also served as a Cedar River Group Affiliate, and adjunct faculty at the UW School of Law. Karen is a graduate of McGill University and University of Washington School of Law.



## Carl Osaki, RS, MSPH

Emeritus Clinical Associate Professor, UW Department of Environmental & Occupational Health Sciences

Carl Osaki is an Emeritus Clinical Associate Professor in the Department of Environmental & Occupational Health Sciences, where he teaches environmental health practice. He is also an affiliated faculty member at the Northwest Center for Public Health Practice. He retired as the Director of Environmental Health, Public Health – Seattle & King County in 1999 and served as a member (Vice Chair) of the Washington State Board of Health from 1997 to 2005. Carl was one of the authors of PACE-EH (a nationally recognized community environmental health assessment tool). Carl serves as a consultant to local, state, and tribal public health agencies nationwide and has provided numerous trainings and workshops relating to environmental health practice and public health emergency preparedness and response.

From 2000 to 2004, he managed an Association of Schools of Public Health training grant aimed at helping local and state agencies integrate the Essential Services of Public Health into environmental health practice. From 2004 to 2008, he was the principal investigator for a NCEH, CDC grant which aimed to assist environmental health units in 9 states build capacity through trainings, technical assistance, assessments, and evaluations. Carl is the past chair of the Washington State Association of Local Public Health Officials (WSALPHO). He completed three terms as a member of the Washington State Board of Health (1997 – 2005) and is a member of numerous state and national public health organizations. He has a Bachelor of Science in Preventive Medicine (1966) and Master of Science in Public Health (1973) from UW. He has worked in the field of public health practice since 1966.



## Dila Perera, MSW, MPH

Executive Director, Open Arms Perinatal Services

Dila Perera has worked in public health and advocacy locally and internationally, including time spent as a doula for Open Arms. She earned both a Master of Public Health and a Master of Social Work at

the University of Washington, after starting her career as a health educator at 19. She went on to spend twelve years helping to build and manage innovative and complex programs designed to improve the health of vulnerable populations, including mothers, children, families, and people living with or affected by HIV. Most recently she led the Washington State Training Program at the Northwest AIDS Education and Training Center. Dila has managed several large-scale federally funded interventions, but believes that small organizations, even when working with minimal resources, are still the most effective at creating lasting and transformational change. She has been a program manager, a grant maker, a board member, and a trainer. However, Dila considers working with pregnant woman before birth and during birth, and supporting new mothers and infants, to be the most rewarding work she has ever done.



## David Reyes DNP, MPH, RN, PHNA-BC

Assistant Professor, UW Tacoma Nursing & Healthcare Leadership,  
University of Washington Tacoma

David Reyes, DNP, MPH, RN, PHNA-BC, is an Assistant Professor at the University of Washington Tacoma in the Nursing and Healthcare Leadership Program, and Adjunct Assistant Professor, Health Services in the UW School of Public Health. Dr. Reyes teaches undergraduate and graduate students in the areas of diversity, health equity, health systems/health policy, and community and public health practice. He has over 30 years of professional experience in nursing, community and public health. Before joining the faculty in 2014, Dr. Reyes was a Health Services Administrator in the Community Health Services Division for Public Health - Seattle & King County.

Dr. Reyes serves as President of the Washington State Public Health Association, and is a member of the UW Population Health Executive Council. He has held national level health policy, leadership, and professional roles in the American Public Health Association (APHA), the American Association of Colleges of Nursing (AACN), the Robert Wood Johnson Foundation, and the Institute of Medicine's Standing Committee on Family Planning.

Dr. Reyes' interests are in addressing the root causes of inequity and health disparities, building community capacity for problem solving, and population health systems improvement through action-oriented and policy-relevant research and scholarship that employs using community-based participatory research approaches.

Dr. Reyes received his Doctor of Nursing Practice (2013), and Master of Nursing and Master of Public Health degrees (2002) from the University of Washington. He received his Bachelor of Science in Nursing from Seattle University (1983), and is board certified in Advanced Public Health Nursing.



## John Wiesman, DrPH, MPH

Secretary of Health, Washington State Department of Health

John Wiesman, DrPH, MPH, was appointed secretary of health by Governor Jay Inslee and joined the Department of Health in April 2013. He's an accomplished transformational leader with more than 22 years of local public health experience and focuses on whole systems approaches to improving health.

John has been passionate about public health since reading a 1983 *Time* magazine article about disease detectives tracking Legionnaires' disease, toxic shock syndrome, and HIV. It was the impetus for him to enter the profession. He has worked in four local public health departments in Washington and Connecticut and now serves as the Washington State Secretary of Health. He started his public health career in Connecticut in 1986 and was in its first group trained to provide HIV counseling and testing services.

During his career, John has:

- Transformed health departments from providing individual clinical services to implementing policy, system and environmental changes promoting prevention that make healthy choices easier and less expensive.
- Transformed Clark County Public Health and the Department of Health into first responder organizations.
- Helped lead Washington State's initiatives to transform the health delivery system to improve population health, known as Healthier Washington.

Major efforts now underway at the Department of Health under John's leadership include: End AIDS Washington, developing the Healthiest Next Generation, identifying and funding foundational public health services, implementing the Governor's executive order reducing suicides and preventing firearm injuries and deaths, and addressing the public health impacts of climate change.

Currently, John serves as an adjunct assistant professor at the University of North Carolina-Chapel Hill, Gillings School of Global Public Health, Health Policy and Management. He also serves as a clinical professor at the University of Washington School of Public Health, Department of Health Services.

He earned his doctor of public health (DrPH) in public health executive leadership in 2012 from the University of North Carolina-Chapel Hill. He received his master of public health (MPH) in chronic disease epidemiology from Yale University in 1987, and his bachelor of arts (BA) in biology from Lawrence University in Wisconsin in 1983.

John was born and raised in Wisconsin. He and his husband have lived in Washington State since 1989.