



## During and After a Disaster

### Module Three Workbook

#### Introduction

This is the third of three workbooks that supports the online Workforce Resiliency modules. The workbook includes exercises that you can fill out during training and use again later and some practical examples of the basic concepts and principles of workforce resiliency.





## Exercise 2: Implement the Buddy System in Any Disaster Response

The buddy system is a procedure in which two people, the buddies, operate together during a disaster as a single unit so that they are able to monitor and assist each other. In dangerous activities, the main benefit of the system is improved safety—each person may be able to prevent the other from becoming a victim during a crisis just by watching out for each other. In this activity, design a buddy system for your organization by answering these questions.

Do you want buddies to be permanently assigned to each other or should the buddies be based on disaster response roles?

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Who is responsible for ensuring that the buddy system is being followed?

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Generate a list of staff members and connect them in buddy pairs.

Staff	Buddy
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Be sure to include the formal assignment of buddies in your organization’s disaster plan.

**Exercise 3: Preparing for Known Issues**

In the module are a sampling of the issues that commonly crop up during a disaster response. Use these guiding questions to prepare your organization to deal with these complications.

**Distressed or Angry Individuals**

What strategies do you have in place to deal with people who disagree with your emergency response strategies?

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What resources do you have for coping with distressed individuals?

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**Inconsistent or Ineffective Communications**

What is your communication plan in case of a disaster?

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What other organizations will you want to coordinate your communications with?

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**Ineffective Volunteers**

How do you use volunteers in your current day-to-day work?

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How can you incorporate volunteers into your disaster work? Are there specific tasks that they can perform?

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**Unsanitary Conditions**

What utilities or services do you rely on to operate in an emergency?

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How can you ensure that those are available?

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**Ineffective Crowd Control Strategies**

What methods do you have in place or need to control crowds in an emergency?

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**Worried Well**

How might you target your audiences for communication and services?

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What triage measures will you have in place to ensure that the worried well aren't using too many resources?

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**Other Known Issues**

What other complications have arisen during previous disaster responses?

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What strategies have you developed for dealing with those complications?

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