Message Planning Worksheet

Audience	Key Message	Supporting Facts	Communication Channel
 Immigrants Residents affected by power outages General public 	If you don't have electricity, prevent poisoning from carbon monoxide.	 Carbon monoxide (CO) is a poisonous and odorless gas that cannot be seen or smelled and that can kill a person in minutes. 	 Media release Email to community based organizations and other community partners
		• Symptoms for carbon monoxide include headache, dizziness, fatigue, confusion, and nausea.	Email to ethnic media outlets, including translated media release
		 Seek prompt medical attention if you suspect CO poisoning and are feeling dizzy, light- headed, or nauseous. 	 Health department Facebook page and Twitter Flyers for targeted areas with power outages, such as apartment buildings, grocery stores, gas stations, hardware stores Call to taxi cab dispatchers Talking points for all health educators, public health clinic staff, utility workers
	Only use a generator outdoors and far from windows and vents.	 Carbon monoxide is produced whenever any fuel such as gas, oil, kerosene, wood, or charcoal is burned. 	
		 To make sure there is enough ventilation, always use this kind of equipment outdoors. 	
	Never cook or heat inside on a charcoal or gas grill.	• If you need to stay warm, go to the home of someone who still has electricity, the public library, or to one of the warming centers set up by the city.	